Hello, Disciples.
We're almost at the end of that forty day journey we call Lent.

I hope that during this time that you have found ways to sustain yourself through prayer and meditation and scripture, that you have done some deep reflection on not only on your own life but the world around us, that you have found peace and comfort in the many virtual online educational gatherings and times of prayer.

I know that as we move toward that Resurrection Sunday, we're going to travel an up-and-down journey. And Sunday is Palm Sunday. So I want to remind you that whatever your act of praise is, never be afraid to let God hear your praise.

In our text from the lectionary this week, we know that the people took off their coats and made a path for Jesus on his little donkey, as he came into Jerusalem. We know that they waved palm branches and cried, "Hosanna! Blessed is the one who comes in the name of the Lord."

I don't know what your praise style is, what your worship mode is. It may be just sitting quietly. It may be tapping your feet. It may be standing up, clapping your hands. You may not even know what to say when something feels right in worship. But I hope that even in your still moments by yourself in your own prayer closet in your own house, maybe you're in your car listening to some of your favorite Christian music, I pray that you have an experience that simply will not let you be silent any longer, that you will feel free to say, "Amen," "Hallelujah!" "Praise the Lord!" That you won't be afraid of lifting your hands, that you won't be afraid to sit silently, perhaps when others are more demonstrative. That you will never be afraid to show God, to give God, your praise. It's all different just as we're all different, but it's all blessed and holy to the one who has made us all.

On this Palm Sunday, don't hold back your praise. If you're watching TV on your screens, still clap your hands. Still say, "Amen," still nod your head, still pat your feet. Still take your communion with great joy and love.

Always remember that no one can take your praise. If we don't praise God, Jesus said, "The very rocks will cry out." So, happy Palm Sunday. Hosanna! Hosanna! Blessed is he who comes in the name of the Lord!

Our journey to resurrection has begun. God bless you.